

Dear Friends and Colleagues -

How To Pray

For 6 weeks this summer, I will be completing an online course with the Woodbrooke Quaker studies centre, called 'How To Pray'. It will be led by Quaker theologian Mark Russ, and give us a space to learn, and practice, new and different ways of prayer.

It may seem a little silly, for a Christian, to need a course about something as simple as prayer.

But prayer is rarely as simple as we like to think of it - it's often a case of looking within, illuminating the darkness, and bringing new light. It can be hard, refreshing, something that brings us together - and something just between us and our God. It also offers room - room for contemplation and insight and guidance. Just having room, spaciousness, is extremely valuable to us - a spaciousness that allows us to look at the world afresh and new.

Personally - I'm a big fan of the practice of lectio divina, which, for me, bridges the thinking and spiritual. The contemplation of scripture allows me to usefully engage my brain, but the practice of prayer allows me to lovingly have a conversation with God. Combined - the practice leaves me feeling closer to God.

In more casual moments, I just talk to God - whether that be a conversation of words, or if words don't come easily - feelings.

I hope you can find something, be it prayer or something else, that gives you room to breathe this week.

Ellen Cross
DBE Administrator



Go well: a meditation for Coming times

May the silence speak to you.

May hopefulness lead you.

May forgiveness drive you.

May compassion fill you.

May love compel you: to overcome hate, whatever the cost, to welcome the lost and the suffering, to celebrate difference, to stand up for justice, to work for peace, to believe change is possible, that good will prevail.

May this coming year be all you wish it to be:

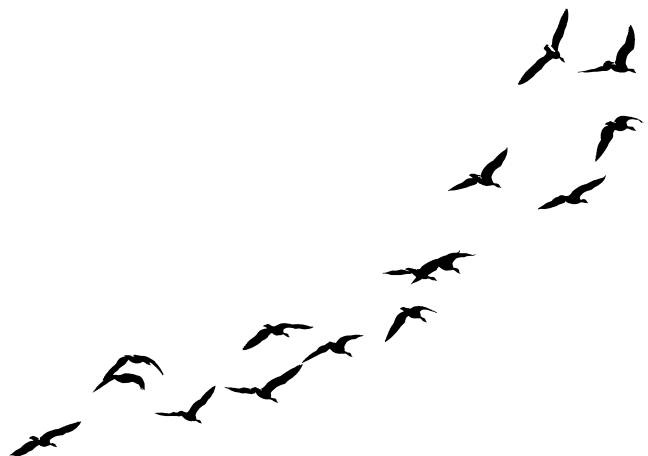
for yourself, for those whom you love, for neighbours and strangers, for those with whom you disagree, and for those who choose to see themselves as your enemy.

Go well ...

Ewan Aitken

We bring you everything, and tip it out in front of you

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Bishop's Visitor Meetings

Due to the UK Health Security Agency changing their heat health alert to Red, we have made the difficult decision to cancel the Bishop's Visitors Meetings on Tuesday and Wednesday for the health and wellbeing of everybody involved, particularly in light of those who need to travel.

Lynsey will be in touch about future plans.

Request for DBS number for foundation governors

A reminder to school leaders, that it is the school's responsibility to carry out safer recruitment checks for foundation governors, including a DBS check. DBS numbers for foundation governors should be notified to us for our governor records.

Please send a DBS number for all current foundation governors to us at kim.dove@lincoln.anglican.org

We will ask you to complete a DBS check for new foundation governors and each time a governor starts a new term of office.

Thank you.

Upcoming Courses & Events

Date	Time	Course		Book Here
25/06/2026	16:00-18:00	Monitoring and Evaluating the Spiritual Life of the School	Online	BOOK
10/07/2026	9:30-12:30	SEF writing Workshop	Face to face	BOOK