## LDBE Thought for the Week, 20th March 2023

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

Romans 15:13



## Dear Colleagues and Friends,

I was thinking about what to write this week to send out to all our wonderful schools and partners and joy came to mind. I had a little battle with myself about writing about joy as I know I have written about it before; however, I concluded we can never have enough joy in our lives.

So, when I say 'joy' what am I actually thinking about? One thing I can say I am not talking about is happiness; happiness is based on feeling, it can be something good that happens that makes us feel great or could be described as the absence of sadness and grief. Happiness and sadness are often based on the circumstances around us while joy is something different. I am grateful that joy is not based on feeling throughout the day as my



feelings can sometimes be quite different depending on what has happened in the day, how much food I have eaten or perhaps the amount of sleep I had the night before. Joy, however, is deeper – it is something that cannot be changed by the circumstances around me. It is deeper and something much more permanent, a gift from God as the verse states above.

So, when joy is in short supply, what should we do? Maybe we need to recognize that joy is a gift from God; in John 16:22 Jesus talks of an eternal joy, a hope to come:

Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy.

John 16:22

The context of this verse is that Jesus is going to leave the disciples, but the grief they feel for that will turn to joy, just as the pain of childbirth turns to joy. They will see Jesus again and be joyful – there is an eternal hope that joy will come again. But what about now, how do we have joy now? Whatever this world throws at us we can trust a God who has done great things and in a God in whom we can be glad and rejoice in our circumstances today. For me this is where I find my joy, in an eternal hope that whatever happens today I know will not disappear. So how about you? Where do you find your joy? On the good days and the bad days, what sustains you? I pray that the God of hope fills you with joy and peace today.

from—Lynsey Norris, Assistant Director of Education

# Have you booked for our Leadership Conference? Don't miss out and click here to book today!





ALL ONE -RADICALLY INCLUSIVE 29 March, 2023 10am

The Showroom, Tritton Rd, Lincoln, LN6 7QY

# **BOOKING CLOSES MIDNIGHT 21ST MARCH 2023**

We are delighted to invite you to our Annual Headteacher, Senior Leaders, Chair of Governors and Clergy Conference – All One: Radically Inclusive.

We can announce our keynote speakers, that will each look at the theme from their own specialism on the day. The **Rt Rev Stephen Conway**, Acting Bishop of Lincoln, having first trained as a teacher as well as previously chairing the Council of the National Society Council which supports the church's work in schools and further and higher education, brings a wealth of experience to our conference. He will be inspiring and challenging us at the start of our day.

Lorraine Prince is the Head of Networks for The Church of England Education Office. She facilitates CPD and networks focusing on EDI, SEND, Trauma and Teaching and Learning. She previously was a teacher for twenty-five years in UK and US; having studied in London and New York. She co-leads the BAMEed Eastern region network, a grassroots network that ensures our diverse communities are represented as a substantive part of the education workforce for teachers and educational leaders

Alan Watkinson former teacher of Mo Farrah will also be joining us. Alan taught PE and History for 17 years in secondary schools. During this time, he was also a Head of Year and a Gifted and Talented Coordinator. He became Partnership Development Manager of Isleworth and Syon's School Sport Partnership (I and S SSP) in 2007. I and S SSP evolved into Sport Impact in 2011 and he has led the organisation throughout. You may know Alan as the teacher from the Mo Farrah documentary as he was the teacher that mentored Mo Farah through some very difficult times. If you have not seen the documentary we would highly recommend it. <a href="https://www.bbc.co.uk/programmes/m001977f">https://www.bbc.co.uk/programmes/m001977f</a>

**Prof. Trevor Cooling** will be joining us for our afternoon session. Trevor is an Emeritus Professor of Canterbury Christ Church University. His role is to lead on research and knowledge exchange in Christian Education. His background is in secondary teaching, where he started his career as a biology teacher and then moved into RE teaching having taken two years out to study for a theology qualification. On the day Trevor will spend time exploring what it means in practice to develop a theologically grounded vison which is both deeply Christian and serves the common good.

#### **Details**

Date: Wednesday 29<sup>th</sup> March 2023

Time: 10:00am – 3:30pm (refreshments from 9:30am) Venue: The Showroom, Tritton Rd, Lincoln, LN6 7PQ

Cost: Staff £180 (non SLA £285)

Governors £140 (non SLA £220)

Clergy £75

To book please use the following link <a href="https://www.lincolndiocesaneducation.com/calendar/?">https://www.lincolndiocesaneducation.com/calendar/?</a> calid=1,2,3,4,5,6,7,8,9,10&pid=9&viewid=1&event=301



# Upcoming LDBE Courses—

#### For more information—click the links below!

23-03-23	10.00-12.00	Governor Roles and Responsibilities	Online—click here for more information
29-03-23		All One - Radically Inclusive: Headteacher, Senior Leader, Chair of Gov and Clergy Conference	Face to face—click here for more information

## Carbon Zero – Church of England Education Office tips for schools

As the spring equinox is upon us, the end of the spring term with the Easter break approaching and the clocks go forward one hour on Sunday 26<sup>th</sup> March to mark the start of British Summer time, now seemed a poignant time to re-acquaint ourselves with tips from the Church of England Education Office on possible ways of reducing our carbon footprint.

- Review external lighting time clocks
- Movement sensors settings on lighting
- Heating controls—
  - Holidays off
  - Check timings, especially hot water
- Power saving settings on printers and copiers
- IT automatic power saving settings

## LDBE Thought for the Week, 20th March 2023



### **Picture News**

Please find attached to this email a special pack Picture

News have produced exploring the recent news about

Gary Lineker, covering speaking our minds and the current refugee policy changes.



Schools may find this pack more suitable for class-based or smaller group discussions with older children.

## Headrest

We know there are many pressures on headteachers in their role and we would like to highlight the work of Headrest. They offer a FREE 24/7 wellbeing telephone support service for headteachers. As experienced ex-heads themselves, they volunteer their services for free and receive no funding or payments. Established in 2020, they provide a safe, sympathetic and confidential listening ear at the end of the phone. Whether you feel stressed, anxious or overwhelmed, they are here to listen —

https://www.headrestuk.co.uk/