

Supporting your Staff's Mental Health and Wellbeing

Thursday 24th September 2020
9:30am-11:30am

After a turbulent year of disruption, changes and worry, what can you do to support your staff?

Psychotherapeutic Counsellor Justine Caswell, our specialist adviser will look at what you can do to support your staff in the coming year. She will look at how people respond to stress, uncertainty and change in different ways and will provide practical ideas for you and your staff to maintain good mental health and wellbeing.



SLA Price
Was £87:50
Now £60
(virtual courses only)
Non SLA £139

Book online at
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