

Bible Verses in Relation to 10 Keys to Happier Living

Bible Verse/Story	10 Keys to Happier Living	School Value
Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.	Resilience Awareness Emotions	
Philippians4:6-7		
Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add a single hour to his span of life?	Resilience Awareness Emotion	
Matthew 6:25-27 So God created man in his own image, in the image of God he created him; male and female he created them.	Awareness Accepting Exercising	
Genesis 1:27		
For God gave us a spirit not of fear but of power and love and self-control.	Resilience Awareness	
2 Timothy 1:7		
So God created man in his own image, in the image of God he created him; male and female he created them.	Awareness Acceptance Exercising Relating	
Genesis 1:27 And the peace of God, which surpasses all	Resilience	
understanding, will guard your hearts and your minds in Christ Jesus.	Awareness Emotions	
Philippians 4:7		
Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.	Resilience Emotions Meaning	
John 14:27		



Then Peter came to Jesus and asked, 'Lord, how many	Giving
times shall I forgive my brother or sister who sins	Relating
against me? Up to seven times?' Jesus answered, 'I tell	Emotions
you, not seven times, but seventy-seven times.'	Awareness
Matthew 18: 21-22	/ War erress
Truly I tell you, if you have faith as small as a mustard	Direction
seed, you can say to this mountain, 'Move from here	Trying out
to there,' and it will move. Nothing will be impossible	,8
for you	
Matthew 17:20	
I can do all this through him who gives me strength.	Trying out
	Relating
Philippians 4:13	Resilience
	Emotions
Jesus Wept	Relating
John 11:35	Emotions
But the fruit of the Spirit is love, joy,	Relating
peace, forbearance, kindness, goodness,	Direction
faithfulness, gentleness and self-control. Against such	Meaning
things there is no law.	Awareness
Galatians 5:22-24	Acceptance
	Resilience
Loot Choose	Resilience
Lost Sheep	
Luke 15:3-7	Awareness
	Trying out
Cood Comonitor	Meaning
Good Samaritan	Giving
Luke 10: 25-37	Relating
	Awareness
Parable of the Sower	Trying out
Matthew 13:1-23	Trying out
Parable of the Tenants	Trying out
Matthew 21:33-46	Direction
IVIALLITEW Z1.33-40	Giving
The Wise and Foolish Builders	Relating
Luke 6:46-49	Trying out
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The Catch of Fish	Trying out
Luke 5:1-11	
Jesus heals a Paralytic	Giving
Mark 2:1-12	Relating
	Meaning
Jesus Calms the Storm	Giving
Mark 4:35-41	Relating

Direction



	Direction	
Jesus Prays in Solitary Place	Awareness	
Mark 1 35-39	Direction	
Love for Enemies	Giving	
Luke 6:27-36	Relating	
	Meaning	
	Emotions	
	Awareness	
Christmas/Easter	Giving	
	Relating	
	Meaning	
	Direction	