



## Class based worship Key Stage 2

**Value: Kindness**

**Aim: To explore the value of kindness and reflect on the importance of kindness in our everyday life and relationships.**

### **Gathering:**

Light candle: (Say together words in bold)

God is with us/**God is with us**

As we worship/**As we worship**

Jesus the light of the world is with us/**Jesus the light of the world is with us**

Show the image for this week (A heart with arrows spreading out). Spend a few moments looking at the image. Ask: how does the image help you think about kindness? What really is kindness?

### **Engaging:**

We are going to tell a story together that might help us to think more about what kindness really means.

Invite children to join in with the actions for the story as they sit in their seats. When the leader says certain words or phrases in the story the children can join in with the action for that word or phrase.

These are the actions:

'Four friends' - Count up 4 fingers "1,2,3,4!"

'Paralysed man' - Make body rigid

'Crowds' - Elbow action as though pushing through crowds

'Teachers of the law' - Stroke imaginary beard and look stern

'Had an idea' - Hand pops up on head "ping"

You might want to allow children to practice the actions. You could have a pupil leader for each action.

The story (red text indicates words/phrases where children should do the actions)

In this story, there is a **paralysed man** with **4 friends**. The **4 friends** find out that Jesus is in a town near by and the **4 friends** decide to take the **paralysed man** to see Jesus. So the **4 friends** decided to carry the **paralysed man** all the way to the next town where Jesus was.

The problem was that when they got there, they found where Jesus was but all around the house where he was there were **crowds of people**. So the **4 friends** wondered how they were going to get the **paralysed man** into the house to see Jesus, **through the crowds**. Jesus was in the house with **the crowds** and the **teachers of the law**.

One of the **4 friends**... had **an idea** and they decided to take the **paralysed man** onto the roof of the house.

So they took him onto the roof but when they got up there they were on the roof and Jesus was below them in the house.

One of **the 4 friends**... had an **another idea**. They started to make a hole in the roof of the house.

Jesus, was in the house with some of **the crowd** and the **teachers of the law** and they were sitting, listening to Jesus when suddenly some of the roof hit them on their heads. (Look up)

One of the **4 friends**... had yet **another idea**. They lowered the **paralysed man** down through the hole in the roof (look up, look down). Now the **paralysed man** was on the floor by Jesus's feet.

Jesus looked at him. The **teachers of the law** looked at him.

Jesus said to the **paralysed man** "Your sins are forgiven" and the **teachers of the law** thought "Aaaargh, who does He think He is, Jesus can't forgive sins, only God can forgive sins!" (they didn't say it, they just thought it). But Jesus knew what they were thinking!

Jesus paused for a moment and said "I know what you're thinking, you're thinking I can't forgive sins, only God can forgive sins. But let me ask you a question, which is the most difficult to say your sins are forgiven or to say get up a walk?"

**(Stop and wonder. Ask this question to the children)**

This was how Jesus replied.

Jesus said "to show you that I can forgive people's sins let me say this" and He looked at the **paralysed man** and said "Get up, pick up your bed and walk!" And the **paralysed man** found that he could move, a little bit, then a bit more, then a bit more.

The **teachers of the law** were still not happy.

The **crowds** were very surprised and happy.

And the **4 friends** were really, really happy.

(This telling of the story is based on one used by Barnabas in Schools as part of an RE Day. For details of these RE days <https://www.barnabasinschools.org.uk/> )

## **Responding**

***Reflection – ask these wondering questions. Do not necessarily expect a response but give children opportunity to share their thoughts if they want to.***

I wonder who in that story showed kindness?

I wonder if some acts of kindness are more important than others?

I wonder if there is a time when you showed kindness?

I wonder what difference it would make if everyone in the world showed kindness?

## ***Prayer***

Invite children to tell you about acts of kindness they have heard about or seen happening, or maybe things they have done during lockdown. You could start a prayer with the words 'Thank you for all the kindness we have seen during lockdown....' And then the children can call out the things they have seen and heard about. When everyone has finished contributing close the prayer with 'Please help us to go on being kind just as Jesus was. Amen'

## **Sending**

Show children the 'Kindness Quotes'. Allow a few moments for them to look at each one. Ask how they think any of these quotes was the impact of kindness in the story.

Give each child a piece of card cut in the shape of a heart. Ask them to choose one of the quotes and write it on their card as their reminder about the importance of kindness for them. They should take their 'Kindness Quote' away with them.

## ***Resources needed:***

- The image for kindness
- Word document showing the image 'In a World..'
- Word document showing 'Kindness Quotes'
- A heart shaped piece of card for every child

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