

Lincolnshire Locally Agreed Syllabus for Religious Education
KS3 Additional Unit: In-Depth Study of another Religion or Belief System
(Buddhism)



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The questions we might ask:

- *What are the key principles, beliefs and practices of Buddhism?*
- *Who is Siddhartha Gautama and what is a Buddha?*
- *How do the Four Noble Truths, Five Precepts and the Eightfold Path relate to the concept of **nirvana/nibbana**?*
- *What diverse expressions of Buddhism can be found around the world?*

The ideas we might explore

- The story of Siddhartha Gautama and his search for truth, purpose and meaning
- The four sights: sickness, age, death and a holy man
- The search for **nibbana/nirvana (Enlightenment)**
- The **Middle Way**
- The **Four Noble Truths**
- The **Eightfold Path**
- The **Three Jewels** and the **Three Poisons**
- The **Five Precepts**
- Buddhist practices: **stupas**, **viharas**, prayer, **sutras**, meditation and mindfulness
- Monastic life in Buddhism
- Diversity in Buddhism: Theravada Buddhism and Mahayana Buddhism